

Dr Abhay Rathore
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Consultant in Child & Adolescent Psychiatry
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GMC: 5192817

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Profile

Consultant in Child & Adolescent Psychiatry, working in a Tier 4 CAMHS Inpatient Service. Lead a team of skilled multidisciplinary professionals to provide care to the complex and challenging patients who need an inpatient stay. Special interest in Early Onset Psychosis. Actively involved in Service Improvement, Teaching and Management.

Have full GMC registration, Section 12 approval, and participate in annual appraisal with Revalidation till 2022.

Experience of working in the NHS for more than 20 years. As inpatient Consultant I routinely write reports for the Mental health Act Tribunals.

Employment history

Feb 2010 to ongoing

**Consultant in Child & Adolescent Psychiatry
“The Beacon” CAMHS Inpatient Unit
Leicestershire Partnership NHS Trust**

Lead a thriving multidisciplinary team. Deliver specialist therapeutic input for the patients with most complex and comorbid presentations including Anxiety, Depression, Autism Spectrum Disorder, ADHD, Schizophrenia, OCD, Eating disorders, Attachment disorders etc. Patients admitted 24/7 from across the region. Work closely with the family. Weekly ward round with both patient and family members together.

Confident in the use of psychotropic medication for complex cases and comfortable in using the second and third line medication. Have a good understanding of the different psychological therapies e.g. Cognitive Behavioural Therapy, Dialectical Behaviour Therapy and use it in my clinical practice. Comfortable in using Behavioural therapy and Family therapy. Use the family as a supportive and influential part of the recovery programme and meet with them regularly.

Beacon Unit has been rated “Good” by CQC and have received positive feedback from the annual NHS England and QNIC (Quality Network for Inpatient CAMHS)

reviews. Friends and Family Test feedback is consistently positive. Have excellent working relationship with referrers, CCG and Provider Collaborative. Staff are the mainstay of any successful unit and I support them in helping them deliver their best for our patients despite the usual pressures of the working environment.

Participate in the On call rota @ 1in 11. Attend the CPD events regularly and have CPD completion certificate from the College. Participate in Multisource feedback and annual appraisal. UpToDate on Mandatory training.

Regularly review and update the Rapid Tranquilization Protocol for CAMHS inpatient service.

Provide second opinion for complex and challenging cases in other inpatient units.

Provide support to the CAMHS Learning Disability team for medication reviews when needed.

Management Responsibility

July 2011 to March 2014

**Divisional Clinical Director
Families, Young People & Children's Division
Leicestershire Partnership NHS Trust**

Clinical lead for one third of the trust with responsibility for whole of Child & Adolescent Mental health service (CAMHS); Community services including Paediatrics, Occupational therapy, Physiotherapy, School Nurses; Adult services including Drugs and Alcohol service, Eating Disorder Service and Early Intervention in Psychosis service, covering about 1100 staff with a budget of about 55 million. I was involved in significant projects of transformation and realignment during that time due to Transforming Clinical Services project, which oversaw the merger of community services with our Trust. Delivered robust clinical leadership ensuring clinical standards didn't slip.

Jun 2008 to Jun 2011

**Clinical Director
Child & Adolescent Mental Health Service
Leicestershire Partnership NHS Trust**

Responsible for managing the CAMHS service. Introduced several changes in the system including service line reporting, effective clinical governance, data management and streamlining budgetary lines. Helped setup the ADHD treatment monitoring clinic. Improved working relationships with partner agencies e.g. Commissioners and Local Authority. Prudent financial management led to moving from a loss making service to generating surplus. Responsible for 130 staff and a budget of 8million.

Education and Qualification

MBBS	April 1995	Barkatullah University, Bhopal, India
MRCPsych	Dec 2002	Royal College of Psychiatrists, London
Certificate of Completion of Training in Child and Adolescent Psychiatry	Mar 2006	Postgraduate Medical Education and Training Board, PMETB, London

Courses, Meetings and Conferences

- Medicolegal
 - Expert Witness Report Writing Skills Course: Bond Solon
 - Family Law and Procedure: Bond Solon
 - Courtroom Skills - England & Wales: Bond Solon
- Mandatory training courses like Safeguarding children, Immediate Life support (ILS), Management of actual and Potential Aggression(MAPA), Information Governance and Fire Safety.
- Approved Clinician Training, Section 12 approved.
- Psychopharmacology Update
- Dialectical Behavioural Therapy (DBT)- DBT Essentials
- RAID Training for managing Challenging behaviour
- 3Di Training- A software programme to aid clinicians in systematic assessment of children and adolescents presenting with Developmental conditions like Autism Spectrum Disorder.
- DISCO (Diagnostic Interview for Children with Social and Communication Disorders) semi-structured interview schedule for assessment of developmental disorders.
- Programme for Educational Supervisors Training
- Cognitive Behavioural Therapy
- Mindfulness Training
- Attendance at the Royal College of Psychiatrists, CAMHS faculty conference.