

Expert Witness Medicolegal Curriculum Vitae

Miss Helen Garrott MBBS(Hons) BMedsci FRANZCO

Consultant Ophthalmic Surgeon



Summary

- 9 years experience in medicolegal expert witness reports
- 9 years experience as a Consultant ophthalmologist in a major NHS University teaching hospital in addition to private practice
- Reports produced according to current rules and protocols, including Civil Procedure Rules
- Rapid appointment service and turnaround times
- Analytical, logical and impartial approach to cases
- Medicolegal instructions most commonly involve personal injury claims relating to eye injuries or visual complaints due to road traffic accidents or workplace injuries
- Experience in medical negligence claims

Practice Address

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Secretarial Contact Details

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Expert details

GMC registration No: 6085336

Date of GMC Registration: 2003

Specialist registration: on the Specialist Register for Ophthalmology

Medical Indemnity: MDU 556954D

Qualifications: MBBS (Hons), BMedSci, FRANZCO

Professional Memberships: Associate Member of Royal College of Ophthalmologists, Member of British Oculoplastic Surgery Society (BOPSS), Inter-specialty member of British Association of Plastic Reconstructive and Aesthetic Surgeons (BAPRAS)



Specialities: General ophthalmology, ocular trauma, oculoplastic surgery, orbital surgery, lacrimal surgery, cataract surgery, thyroid eye disease

Medicolegal experience

Year commenced medicolegal reports: 2010

Reports produced per year: 30

% for Claimant, Defendant and Joint: 80%, 20%, 0%

Medicolegal Courses: Medicolegal Expert Witness Course 5 CPD hours (Judith Kelbie, solicitor) June 2017, Birmingham

Inspire Medilaw Expert Witness Training 2 day Course including Clinical Negligence May 2018, Birmingham

Medicolegal practice

Waiting time for next medicolegal appointment: 1 week

Waiting time from appointment to report: 1 to 2 weeks

Home visits undertaken: yes

Weekend visits undertaken: no

Prison visits undertaken: no

Medical Career

Consultant Oculoplastic and Orbital Surgeon – Bristol Eye Hospital August 2010 to present

I have been an NHS consultant ophthalmologist at Bristol Eye Hospital, a major university teaching hospital, since 2010. My practice is predominantly oculoplastic and orbital surgery, and I receive complex referrals from the entire South West region within this field. I have exposure to ocular and orbital trauma cases, as well as complications from cosmetic surgery. I also regularly perform cataract surgery. I have been in private practice since 2010, the scope of which is similar to my NHS practice.

Oculoplastic and Orbital Surgery Fellowship – Moorfields Eye Hospital, London 2009-2010

Oculoplastic and Orbital Surgery Fellowship – Bristol Eye Hospital 2008-2009

Ophthalmology Registrar Training – Royal Victorian Eye and Ear Hospital, Melbourne 2004-2007

General Medical Training – Royal Melbourne Hospital, Melbourne 2001-2003



University Qualifications

MBBS (Hons) – University of Melbourne 2000

Highest final year and overall medical school marks at Royal Melbourne Hospital

Leonard Mitchell Prize in Ophthalmology

J.P. Ryan Prize for General Surgery awarded by the Royal Australasian College of Surgeons

Alison Howarth Prize in Rheumatology

Ken Grice Prize for the Best 4th Year Student at Royal Melbourne Hospital

Dean's Honours List 1998 and 2000

BMedSci – University of Tasmania 1997

Full University Academic Scholarship

Prize for the highest overall Third year marks

Bayer Diagnostic Prize in Biochemistry

Admission to the Golden Key Honour Society

Cyril Barnett Prize: graduating B.Med.Sci. student with highest marks in Anatomy

C.A. and L.H Greatrex Medical Prize: Best Tasmanian First-year student

Publications

1. **Garrott H**, O'Day J. Idiopathic polypoidal choroidal vasculopathy in a Caucasian man: problems of diagnosis and treatment. *Clin Experiment Ophthalmol.* 2003 Dec;31(6):534-9.
2. **Garrott HM**, Walland MJ. Glaucoma from topical corticosteroids to the eyelids. *Clin Experiment Ophthalmol.* 2004 Apr;2(2):224-6.
3. **Garrott H**, O'Day J. Optic neuropathy secondary to radiotherapy for nasal melanoma. *Clin Experiment Ophthalmol.* 2004 Jun;32(3):330-3.
4. **Garrott HM**, Wallace D, Wallace DJ. Ossifying fibroma of the jugum sphenoidale. *J Clin Neurosci.* 2004 Jun;11(5):544-6.
5. **Garrott HM**, Walland MJ, O'Day J. Recurrent posterior capsular opacification and capsulorhexis contracture after cataract surgery in myotonic dystrophy. *Clin Experiment Ophthalmol.* 2004 Dec;32(6):653-5.
6. **Garrott H**, O'Day J. Snowflake degeneration of an intraocular lens. *Clin Experiment Ophthalmol.* 2004 Oct;32(5):534-5.
7. Leach JC, **Garrott H**, King JA, Kaye AH Cerebral metastasis to the choroid plexus of the third ventricle mimicking a colloid cyst: a report of two cases. *J Clin Neurosci.* 2004 Jun;11(5):521-3.



8. **Garrott H**, Aristodemou P, Sinclair N, Lane C, Harrad R. Long-term efficacy of 2-0 Prolene brow suspensions for congenital ptosis. *Eye*. 2010 Jan;24(1):175-7.
9. **Garrott H**, Haynes R. Blindness from suprachoroidal haemorrhage in patients with macular degeneration on systemic anticoagulation or antiplatelet agents. *Med J Aust*. 2010 Mar 15;192(6):346-7.
10. Kalapesi FB, **Garrott HM**, Moldovan C, Williams M, Ramanan A, Herbert HM. IgG4 orbital inflammation in a 5-year-old child presenting as an orbital mass. *Orbit*. 2013 Apr;32(2):137-40.
11. MacVie O, **Garrott H**, Aristodemou P, Harrad R. 2-0 Prolene brow suspension for paediatric ptosis: a retrospective case series of 37 eyes. *Orbit*. 2013 Feb;32(1):16-9.
12. Kalapesi FB, **Garrott H**, Manasses D, Herbert HM. IgG4-related disease of the orbit, a 10 year retrospective analysis of lacrimal and other orbital biopsies. *Clin Experiment Ophthalmol* 2013 Nov;41:92-93.
13. Richards HS, Jenkinson E, Rumsey N, White P, **Garrott H**, Herbert H, Kalapesi F, Harrad RA. The psychological well-being and appearance concerns of patients presenting with ptosis. *Eye*. 2014; 28:296-302.
14. Vadhani K, Mcveigh K, Tavassoli S, Garrott H, Ford R, Collin R. Intraoperative Mitomycin C in the treatment of recalcitrant ankyloblepharon. *Ophthalmic Plast Reconstr Surg*. 2017 Jul/Aug;33(4):312-313.
15. Rajendram R, **Garrott HM** et al. Combined immunosuppression and radiotherapy in thyroid eye disease (CIRTED): a multicenter, 2 x 2 factorial, double-blind, randomized controlled trial. *Lancet Diabetes Endocrinol*. 2018 Apr;6(4):299-309.
16. Vadhani K, Mcveigh K, Harrison R, Williams M, **Garrott H**. Intracranial hypotension mimicking chronic progressive external ophthalmoplegia. *Orbit*. 2018 Jan;4:1-4.
17. Vadhani K, Ford R, **Garrott H**, Thaller VT. Lateral tarsal strip versus Bick's procedure in correction of eyelid malposition. *Eye (Lond)*. 2018 Jun;32(6).