



DR RESHMI BANSAL
BDS (Lon) LLM PG Dip (Ortho)
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DOB- 10/2/85

PERSONAL STATEMENT

Every day is an opportunity to learn something new. I strive to continuously reflect and improve.

EDUCATION

February 2023	Wire Bending in Fixed Orthodontics	Cephtactics, London
April 2022	Orthodontic Diploma	Smile Academy
March 2022	Cerec Certification	Dentsply, Weybridge
August 2019	Orthodontic Certificate	Cephtactics, London
April 2019	Mediation Accreditation	Society of Mediators
February 2019	Excellence in Report Writing and Court Room Skills	Bond Solon, London
August 2018	Invisalign Go	London
Feb 2018	Snoring and Sleep Apnoea	London, BDA
May 2017	Advanced Occlusion	Aspire Dental Academy
March 2017	Short course in Periodontics	FGDP, London
March 2015-2016	Advanced Operative Aesthetic and Cosmetic Dentistry	Aspire Dental Academy
April-May 2014	Coaching and Mentoring	Oxford
March 2012	Inman Aligner Certification	London
Sep 2011-Jul 2013	LLM Masters in Legal aspects of Medical Practice	Cardiff University
2010	MJDF (passed exams, but not currently paying subscription)	RCS, London
2003-2008	BDS Passed with Merit in Conservative Dentistry, Periodontology, Head and Neck Anatomy, Oral Biology and Pathology.	KCL

RELEVANT KNOWLEDGE

Legal

-Consent to treatment and confidentiality, employment law, clinical negligence, legal aspects of psychiatry, legal guardianship and Gillick competence.

-Dissertation title: "Is the current regulatory legal framework sufficient to ensure a high-quality workforce in the NHS given the economic crisis in England?"

Examined current legal framework for *quality*, defined *high quality* employing the definition used by Lord Darzi, CQC and government white papers. Evaluated CQC, GMC and NMC's ability to protect the public from cost-cutting measures.

-Annual attendance at Dentolegal conference by DPS to stay up-to-date with latest legal developments in Dentistry.

- Evidence submitted in court for patient, subject to head and neck trauma caused by another party.

- Provided clinical expertise in compensation claim after sports-related dental injury.

- Involved in engineering solutions to ensure mandatory waiting times met within East Berkshire dental services with the back drop of funding pressures.

Orthodontics

Experience in space assessment, evaluating tooth shape, space creation (through interproximal reduction, predictive proximal reduction, expansion screws), placement of composite anchors/attachments and opening the bite as well as methods of retention (essix and fixed). Combined orthodontic skills with restorative work including bleaching and bonding.

Experience with fixed orthodontics, clear aligners (Invisalign/Spark) and removable appliances (Inman aligner)

Advanced Operative Aesthetic and Cosmetic Dentistry

Smile design: used analysis of facial/dental profile, smile line, buccal corridor, gingival line and intra/intertooth relationships to achieve optimal aesthetic design.

Tooth discolouration: experience with internal/external bleaching, microabrasion (Icon) and remineralization of white patches using

GC tooth mousse.

Direct anterior composites: layering (HRi system), direct composite veneers, diastema closure, refinement with polishing

Indirect anterior aesthetics: fastidious shade matching, gentle soft tissue management and recognition of different gingival biotypes

Direct and indirect posterior aesthetics: aesthetic posterior composite and porcelain onlays provided, all completed under rubber dam.

Toothwear and full mouth rehab: conformational vs reorganization, facebows and articulator use, direct vs indirect restorations, splint therapy and sleep clench inhibitors- clinical photos available on request.

Replacement of missing teeth: aesthetic bridge and denture design, careful material selection, highly effective adhesive methods

Management of multi-disciplinary cases: ortho-restorative interface, complex case assessment and trouble-shooting

Periodontics

Periodontal disease: enhanced understanding of aetiology, diagnosis, risk factors, prognosis and treatment planning

Non surgical management: furcations, chemotherapeutics, perio-endo lesions, gingival veneers

Surgical management: bone defects, root resection, crown lengthening, periodontal plastic surgery

Clinical photos and treatment plans demonstrating the above skills are available on request.

CLINICAL COURSES

Whitening trends by Linda Greenwall, The face of dentistry for the progressive dentist by Bob Khanna, Optimizing endodontic outcomes by Imran Azam,, Secrets to perfect communication by Ashley Latter, Ortho Restorative Dentistry by Tif Qureshi

LEGAL COURSES

GDC Fitness to practice: a suitable case for treatment?, Mastering your risk communication skills workshop, Mastering adverse outcomes, Professional standards, Standards for the dental team, Faculty guidelines, Dishonesty, Duty of Candour, Dental records for GDPs,

PRIZES AND PROJECTS

- **BDA regional prize winner** for presentation on “Length of Stay in Head and Neck Oncology Patients”.
- **Poster publications** on “Length of Stay in Head and Neck Oncology Patients” at RSCH and BAOMS conference.
- **Winner of best speech**: “Japaneseness”.
- **Publication in BDJ**: “A magical interlude in Windsor”.

WORK EXPERIENCE

July 2021- today	Temple Square Dental	
Dec 5 th 2017- Oct 2018	<i>DW/SI (Ortho), General Dental Practitioner</i> Oak End Dental Clinic	Aylesbury Gerrards Cross
April 2016- Dec 2017	Heathwood Dental Practice <i>General Dental Practitioner</i>	Crowthorne
Nov 2010 -today	Rodericks Dental	High Wycombe
April 2012- Dec 2017	<i>General Dental Practitioner</i>	Cookham
Aug 2009 - Aug 2010	Royal Surrey County Hospital <i>Maxillofacial Senior House Officer</i>	Guildford, Surrey
Aug 2008- Aug 2009	Station Dental Clinic <i>Vocational Dental Practitioner</i>	North Camp, Hants

OTHER ROLES

Windsor BDA Secretary/ BDA Benevolent fund representative :

- Innovating new ways to raise money including raffles, cake and smoothie sales, plus a magic show by Raj Rattan
- Organization and correspondence with specialist speakers which has enabled me to develop a dedicated clinical network
- Photography for marketing, creating flyers, issuing contracts, coordinating team to ensure smooth execution of event

LDC: (elected onto Berkshire LDC by my peers)

- Discussion with specialty services to understand demands, quality of referrals, waiting times and changes to services
- Evaluation of local clinical networks and whether services are meeting demands
- Understanding changes to NHS guidance on UDA claims

Roles recently offered to me by Rodericks Dental Limited: Recruitment Advisor .

VOLUNTEER WORK

Dental work in the following: Amazonian village of Peru (2007), dental clinic in Chandigarh, India (2010) and San Martin, Guatemala (2015)

ACHIEVEMENTS AND INTERESTS

- **Achievements:** Run to the beat Half Marathon in support of Get Kids Going, “Best negotiator” “Best Speech” and “Best Tables Topics Awards” given Dec 2017 Jan 2018 and April 2018 respectively, Spanish B2 Upper Intermediate Certification AIP Spanish Language School, Valencia.
- **Interests:** piano (particularly Jazz piano), yoga and pilates, public speaking with Toastmasters International, reading (best book in 2023: Sapiens, A Brief History of Human Kind), fluent in Spanish (regular Skype lessons and attended at Valencia Language School)

REFERENCES

Oscar (associate dentist) Millhouse Dental Practice, London Road, Loudwater, Bucks, HP109TJ oscarchiappini@yahoo.es

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