

Curriculum Vitae – Dr Z Ahmed

Name: Dr. Z Ahmed MB BCh (Wales), MSc Psychiatry, FRCPsych.

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Qualifications	MB BCh.	1988
	MRCPsych.	1994
	MSc Psychiatry	1996
	FRCPsych	2013

GMC 3280438

Medical Protection Society 161115

Specialist Skills

I have dual accreditation in General adult psychiatry and psychiatry of Intellectual Disability. I also have had specialised training in neuropsychiatry and epilepsy.

I am Registered under Section 12 of the Mental Health Act. I am a specialist in the assessment, diagnosis and management of mental illness, Intellectual Disability, epilepsy and Neuropsychiatric disorders in adults.

I am in good standing with the General Medical Council and have maintained my continuing medical educations in the fields that I specialise in.

Publications

1. Overcoming the barriers experienced in conducting a medication trial in adults with aggressive challenging behaviour and intellectual disabilities.
Oliver-Africano P, Dickens S, **Ahmed Z**, Bouras N, Cooray S, Deb S, Knapp M, Hare M, Meade M, Reece B, Bhaumik S, Harley D, Piachaud J, Regan A, Ade Thomas D, Karatela S, Rao B, Dzendrowskyj T, Lenôtre L, Watson J, Tyrer P.
J Intellect Disabil Res. 2010 Jan 1;54(1):17-25.
2. Neuroleptics in the treatment of aggressive challenging behaviour for people with intellectual disabilities: a randomised controlled trial (NACHBID).
Tyrer P, Oliver-Africano P, Romeo R, Knapp M, Dickens S, Bouras N, **Ahmed Z**, Cooray S, Deb S, Murphy D, Hare M, Meade M, Reece B, Kramo K, Bhaumik S, Harley D, Regan A, Thomas D, Rao B, Karatela S, Lenôtre L, Watson J, Soni A, Crawford M, Eliahoo J, North B.
Health Technol Assess. 2009 Apr;13(21):iii-iv, ix-xi, 1-54.
3. Risperidone, haloperidol, and placebo in the treatment of aggressive challenging behaviour in patients with intellectual disability: a randomised controlled trial.
Tyrer P, Oliver-Africano PC, **Ahmed Z**, Bouras N, Cooray S, Deb S, Murphy D, Hare M, Meade M, Reece B, Kramo K, Bhaumik S, Harley D, Regan A, Thomas D, Rao B, North B, Eliahoo J, Karatela S, Soni A, Crawford M.
Lancet. 2008 Jan 5;371(9606):57-63.

4. Smith C, Felce D, **Ahmed Z**, Fraser WI, Kerr M, Kiernan C, Emerson E, Robertson J, Allen D, Baxter H, Thomas J
Sedation effects on responsiveness: evaluating the reduction of antipsychotic medication in people with intellectual disability using a conditional probability approach.
J Intellect Disabil Res. 2002 Sep;46(Pt 6):464-71.
5. Ashcroft R, Fraser B, Kerr M, **Ahmed Z**
Are antipsychotic drugs the right treatment for challenging behaviour in learning disability?: The place of a randomised trial
Journal Of Medical Ethics 27 (5): 338-343 OCT 2001
6. Kerr M, Scheepers M, Besag F, Bowley C, Brown S, Espie C, Foley J, Paul A, Webb JO, **Ahmed Z**, Baker G, Betts T, Bjorkman M, Cornaggia C, Iivanainen M, Wallace R, Kaski M, Koot H, Marson A, Mohammed N, Prasher V, Visser F
Clinical guidelines for the management of epilepsy in adults with an intellectual disability
Seizure-European Journal Of Epilepsy 10 (6): 401-409 SEP 2001
7. Cox D. **Ahmed Z**. McBride AJ. Diphenhydramine dependence. *Addiction.* 96(3):516-7, 2001 Mar.
8. Williams A, Phillips L, **Ahmed Z** Assessment and management of auto-erotic asphyxiation in a young man with learning disability: a multidisciplinary approach to intervention. *Mental Handicap* 2000 Sep;28(3):109-12.
9. Preter M. Morgan CL. **Ahmed Z**. Kerr MP. Social deprivation and prevalence of epilepsy and associated health usage. *Journal of Neurology, Neurosurgery & Psychiatry.* Vol 69(6) (pp 837-838), 2000.
10. Morgan CL, **Ahmed Z**, Kerr MP. Material deprivation and epilepsy. *Journal of Neurology, Neurosurgery and Psychiatry - J Neurol Neurosurg Psychiatry.* 2000 Jul;69(1):13-7
11. Morgan CL, **Ahmed Z**, Kerr MP. (2000) Health care provision for people with a learning disability: A record linkage study of the epidemiology and factors contributing to hospital care uptake. *British Journal of Psychiatry Jan 176: 37-41*
12. **Ahmed Z**, Fraser WI, Kerr MP, Keirnan KC, Emerson E, Robertson J, Felce DJ, Baxter HA, Allen D, Thomas JA. (2000) Reducing antipsychotic medication in people with learning disabilities. *British Journal of Psychiatry Jan 176: 42-46*

Book Chapters

- 1) "Psychotropic Medication and Learning Disability" in **Seminars in the Psychiatry of Learning Disabilities** (2nd Edition) – Edited by Prof W Fraser and Dr M Kerr – Gaskell Books (in press)
- 2) Psychotropic Medication - **Health Evidence Bulletins Wales: Learning Disabilities**
- 3) Specific conditions leading to mental retardation Deb S. and **Ahmed Z**.
New oxford textbook of psychiatry (eds; M.G. Gelder, J.L. Lopez-Ibor Jr., N. Andresen)
Oxford University Press

Professional Affiliations:

Member of Royal College of Psychiatrists
Member British Association Psychopharmacology
Member of International League against Epilepsy
Member of the World Psychiatric Society

Medico-Legal Training:

Bond Solon: Certificate of Medical Reporting: Civil Procedure Rules Part 35
Bond Solon: Writing Court Reports
Bond Solon: Giving Evidence in Court
Bond Solon: Managing Medico-legal practice
Expert Witness Institute: Joint Memorandums