

# ***Curriculum Vitae***

*of*

**Mr S K Varma, FRCS Ed, FRCS Ed (Plastic Surgery)**

**Consultant Plastic & Reconstructive Surgeon**

**The Leicester Royal Infirmary NHS Trust**

**Leicester**

**LE1 5WW**

**Name:** Mr Sanjay Kumar Varma

**Date of Birth:** 8<sup>th</sup> July 1954

**Sex:** Male

**Correspondence address:** Spire Leicester Hospital  
Gartree Road  
Leicester  
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**GMC Registration:** Number 3049031 , Full  
On the Specialist Register

**Medical Qualifications:** **FRCSED (Plastic Surgery)**  
Edinburgh, 1992

**FRCSED** Royal College of Surgeons  
Edinburgh, 1981

**MS (Surgery)**  
All India Institute of Medical Sciences, 1979

**MB, BS**  
All India Institute of Medical Sciences, 1976

**Memberships:** British Association of Plastic Surgeons  
British Association of Aesthetic Plastic Surgeons  
Royal Society of Medicine  
Expert Witness Institute  
Society of Expert Witnesses

**Academic Distinctions:** Awarded Scholarship during Internship, 1976

2<sup>nd</sup> Prize in Final MBBS Examination, 1975

1<sup>st</sup> Prize in Pre-medical Examination, 1971

Awarded India National Scholarship, 1970

<b>Current NHS appointments: (since 1993)</b>	<b>Consultant Plastic and Reconstructive Surgeon</b> University Hospitals of Leicester NHS Trust, Leicester. Loughborough General Hospital, Loughborough. Melton Hospital, Melton Mowbray.
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<b>Recent NHS appointment</b>	<b>Head of Service , Plastic surgery 2011-2014</b>
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<b>Awards :</b>	<b>Clinical Excellence Award</b>
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### **Clinical Profile : NHS**

General work	: Plastic & Reconstructive surgery . : Soft tissue Hand surgery. : Burns.
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Special interest	: Breast reconstruction. : Facial palsy. : Skin cancer.
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MDT membership	: Skin cancer.
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<i>Sub-specialty interests</i>	: Breast reconstruction. : Reconstructive surgery, : Microsurgical reconstruction. : Skin cancer. Skin infections , Block Dissections : Facial palsy reconstruction : Complex wound management
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### **Clinical Profile : Private practice**

Practice privileges at	: Spire Leicester Hospital, Leicester. : Leicester Nuffield Hospital, Leicester.
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Scope of practice	: General Plastic Reconstructive Surgery. : Aesthetic Plastic Surgery. : Hand surgery. : Medico-Legal practice.
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### **Medico-Legal practice – GENERAL INFORMATION**

1. **Personal injury and Medical negligence in the field of Cosmetic, Plastic & Reconstructive surgery and Soft tissue hand surgery , since 1994**

2. Average number of reports: 90 per year
- 2a. Appointments for clinical examination of claimants 4-6 weeks of receiving all documents and full instructions.
- 2b. Turn around time for reports : 4-6 weeks.
- 2c. Claimant to defendant ratio for short reports 70:30 (*variable*) for formal reports 60:40(*variable*)
3. Court appearances : 5

**Recent Courses attended:** 1. Bond Solon Expert Witness conference- November 2018

**Medico-Legal practice – SCOPE** (no specific order)

Burns, Breast ( female and male) Cosmetic Surgery, Breast reconstruction, Cosmetic surgery (Abdominoplasty, Blepharoplasty (Eyelid reshaping), Ear reshaping (pinnaplasty), Extravasation injuries, Face and Neck lifts, ,Gynaecomastia, Liposuction, Lymph node biopsy & block dissections ,Rhinoplasty (closed and open, septo-rhinoplasty), Surgery following weight loss ,Soft tissue Facial injuries, Soft tissue infections ,General Plastic surgery, Hand surgery and injuries, Lower limb reconstruction, Microsurgery, Pressure sores, Reconstructive surgery, Scarring, Skin cancer, Soft tissue injuries , Complex Wound management.

**Medico-Legal practice : Claimant to Defendant ratio**

Variable

60:40

**Medico-Legal practice : Locations**

1.Leicester

2.Lincoln

**Book Chapter**

1. Soft tissue injuries.

Varma S K, Kay S P

### **Patient information material published**

1. Breast reconsrruction leaflet.
2. Breast reconstruction DVD.
3. Axillary lyph node dissection.
4. Groin lymph node dissection.

### **Publications**

1. Burns from a tumble dryer. Herbert K, **Varma S K**  
*BMJ*, 1989, 298: 571
2. Curvilinear scar. **Varma S K**  
*Plast Reconstr Surg*, 1990, 85: 318
3. Clinical implications of observer variation in malignant depth measurements.  
Colloby P S, Herbert K, **Varma S K**, *et al.*  
*J Clin Pathol*, 1990, 161: 350a
4. Cutaneous ciliated cyst: case report and literature review.  
**Varma S K**, Rayner S S, Brown L J R  
*Plast Reconstr Surg*, 1990, 86: 334-346
5. A prospective trial use of adrenaline infiltration for controlling bleeding during operation for gynaecomastia.  
**Varma S K**, Henderson H P  
*Br J Plast Surg*, 1990, 43: 590-593
6. Calcium alginate as a dressing for mini skin grafts (skin soup).  
**Varma S K**, Henderson H P, Hankins C L  
*Br J Plast Surg*, 1991, 44: 55-56
7. The Moriarty sign: an appraisal.  
Birchall M A, **Varma S K**, Milward T M  
*Br J Plast Surg*, 1991, 44: 149-150
8. The Nicolle finger joint prosthesis: an appraisal.  
**Varma S K**, Milward T M  
*J Hand Surg*, British Volume 1991, 16: 187-190
9. Treatment of drooling by parotid duct ligation and submandibular duct transposition.  
**Varma S K**, Henderson H P, Cotton B R  
*Br J Plast Surg*, 1991, 44: 415-417
10. Metastatic squamous cell carcinoma presenting as cellulitis.  
Bramhall S, **Varma S K**  
*Br J Plast Surg*, 1991, 44: 622-623

11. An analysis of resuscitative requirements of petrol (gasoline) burns.  
Hankins C L, Hackett M E, **Varma S K**  
*Burns* 1992, 18: 141-144
  
12. Silicone breast implant rupture: common/serious complication?  
Malata C M, **Varma S K**, Scott M, Liston J C, Sharpe D T  
*Med Prog Technol*, 1994, 20: 251-260
  
13. Elastofibroma dorsi: case report and brief review.  
Bieger A K, **Varma S K**, Timmons M J  
*Ann Plast Surg*, 1994, 32: 548-549
  
14. The role of ultrasound imaging in the diagnosis of breast implant rupture: a prospective study.  
Liston J C, Malata C M, **Varma S K**, Scott M, Sharpe D T  
*Br J Plast Surg*, 1994, 47: 477-482
  
15. The effect of facial burns on the human nasal mucosa.  
Rose G K, Mason J D T, **Varma S K**  
*Burns*, 1996, 22: 631-632.
  
16. External synovial fistula of the knee joint and its treatment with free radial artery fasciocutaneous flap.  
Jain S, **Varma SK**  
*Eur J Plast Surg*, 1999, 22: 190
  
17. Botulinum toxoid in the management of gustatory sweating (Frey's syndrome) after superficial parotidectomy  
Birch J F, **Varma S K**, Narula A A  
*Br J Plast Surg*, 1999, 52: 230-1
  
18. Re-evaluating the need for routine drainage in reduction mammoplasty.  
Arrowsmith J, Eltigani E, Krarup K, **Varma S K**  
*Plast Reconstr Surg*, 1999, 104: 591-2
  
19. An audit of breast reduction without drains.  
Arrowsmith J, Eltigani E, Krarup K, **Varma S K**  
*Br J Plast Surg*, 1999, 52: 586-8
  
20. Geometric incision designing for abdominoplasty.  
Thirumalai A, **Varma S K**  
*Plast Reconstr Surg*, 2002, 109: 2534-6
  
21. The use of arthroscopic camera equipment during rhinoplasty.  
**Varma S K**, Smith M J  
*Plast Reconstr Surg*, 2003, 112: 1739

22. The multidisciplinary facial nerve palsy clinic: A new concept in the management of Facial palsy  
Karoo R O S, Akhtar N, Sankar T, **Varma S K**  
*ANZ J Surg* 2003; 73: A252 (Suppl)
23. Sural nerve biopsy: A worthwhile service or just a pain in the leg?  
Karoo R O S, Akhtar N, Lam W L, Rawlins J M, **Varma S K**, Sharpe D T  
*ANZ J Surg* 2003; 73: A180 (Suppl)
24. Patient information poster on Breast reconstruction.  
Wagstaff M, **Varma S.K.**  
Leicester, 2004
25. Patient information DVD on breast reconstruction.  
Wagstaff M, Porter C, Offer G and **Varma S.K**  
Leicester 2006
26. Is it justified to refuse breast reduction to smokers ?  
Bikhchandani J, Varma SK, Henderson HP.  
*Journal of Plast Reconstr Aesth Surg*

### **Book Chapter**

2. Soft tissue injuries.  
**Varma S K**, Kay S P  
*Medico Legal Reporting of Orthopaedic Trauma*

### **Presentations**

1. Metastatic Basal Cell Carcinoma  
**Varma S K**  
*Microsurgical Society Meeting*, Nottingham, 1986.
2. Future burns: the elderly.  
**Varma S K**, Burd D A R  
*Annual Meeting of the British Burns Associations*, London, 1987.
3. Priorities for prevention: the elderly.  
Burd E, **Varma S K**, Burd D A R  
*Meeting of the American Burns Association*, New Orleans (USA), 1989
4. The use of Extensor Digitorum Brevis Island muscle flap in a child.  
**Varma S K**, Angel G D, Boukouvalas Z  
*National Meeting of the Italian Society of Plastic Surgery*, Messina, Italy, 1989.
5. The Nicolle finger joint prosthesis: 10 years' experience.  
**Varma S K**, Milward T M  
*British Society for Surgery of the Hand*, Stratford upon Avon, 1990
6. The effect of facial burns on the human nasal mucosa.

Rose G K, Mason J D T, **Varma S K**  
British Burns Association Meeting, 9-11 April 1997

7. Karoo R O S, Akhtar N, Rawlins J M, Lam W L, Sharpe D T, **Varma S K**  
A 5 year review of the surgical outcome and diagnostic value of Sural nerve biopsy for peripheral neuropathies.  
Poster Presentation at the Peripheral Nerve Society. Banff, Canada. July 26th - 30th, 2003.
8. The multidisciplinary facial nerve palsy clinic: A new concept in the management of facial paralysis.  
Karoo R O S, Akhtar N, Sankar T, **Varma S K**  
IPRAS meeting, Sydney 2003.
9. Sural nerve biopsy: A worthwhile service or just a pain in the leg?  
Karoo R O S, Akhtar N, Lam W L, Rawlins JM, **Varma S K**, Sharpe DT  
IPRAS meeting, Sydney, 2003.
10. The multidisciplinary facial nerve palsy clinic: A new concept in the management of facial paralysis.  
Karoo R O S, Akhtar N, Sankar T, **Varma S K**  
BAPS Meeting, Cardiff, July 2003.
11. Production of a Patient Information DVD on Breast Reconstruction - From concept to product.  
Wagstaff MJD, Porter C, Offer GJ, Varma SK  
BAPRAS Winter Scientific Meeting. RCS England, London, Dec 2006.
12. Multimedia assisted informed consent in breast reconstructive surgery.  
Kannan R,..... Varma SK , IPRAS New Delhi 2009.
13. Patient recorded outcomes post axillary dissections for skin cancer.  
Lee K, Alexander S and Varma S , BAPRAS meeting, London 2011



