



# *Carstairs Psychological Associates Ltd*

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## **CURRICULUM VITAE**

### **For**

### **Dr. Kari Carstairs**

#### **Qualifications**

Diploma in Psychoanalytic supervision	2022	The Guild of Psychotherapists
Registered therapist	2017	UK Council for Psychotherapy
Psychoanalytic psychotherapist	2017	The Site for Contemporary Psychoanalysis
Diplomate	2011	American Board of Assessment Psychology Speciality: Forensic assessment
Registered Clinical Psychologist	2009	Health & Care Professions Council
Certificate of Expert Witness Accreditation	2004	Cardiff University/Bond Solon
Chartered Psychologist	1993	British Psychological Society
Doctorate in Clinical Psychology	1991	Widener University (USA)
B.A. in Experimental Psychology	1982	University of Oxford

#### **Awards**

Distinction Awarded October 2022 by the Council of the Guild of Psychotherapists for the 5,000 word essay in part fulfilment of the diploma

Distinction in Clinical Psychology Awarded May 1991 by the faculty at Widener University for highest academic and clinical excellence in psychology

#### **Membership**

British Association for Psychoanalytic & Psychodynamic Supervision  
British Psychological Society (associate fellow)  
American Psychological Association (foreign affiliate)  
Society for Personality Assessment (fellow)  
Expert Witness Institute  
British Rorschach Society (Vice President & past President)  
International Society for the Rorschach (First Vice President)

#### **Work experience**

##### **Company director**

Feb. 2006 – current

- Liaison with associates providing expert witness services

(1)

**Dr. Kari S. Carstairs, Director**

Associates: Dr. Bandhana Bhanot, Dr. Jasmin Aquan-Assee, Dr. Carol Valinejad

Consultant: Dr. Robert Halsey

Registered in England & Wales No. 5657675

### Private practice

April 1993 - current

- Individual psychotherapy for adults
- Expert witness service
- Psychodiagnostic evaluation
- Teaching
- Supervision and consultation services

### Oxleas N.H.S. Trust

May 1996 - January 1998

- Psychodiagnostic assessments
- Individual psychodynamic psychotherapy with adults in a specialist, tertiary Integrated Psychological Therapies Service

### Adult Mental Health, Maidstone Priority Care N.H.S. Trust

November 1991 - April 1996

- Short-term psychotherapy service in primary care
- Long-term individual psychodynamic psychotherapy in multidisciplinary psychotherapy service
- Co-ordinator of psychodiagnostic evaluation service (assessment of patients, supervision of trainees, service planning and co-ordination of staff)

### Philadelphia Child Guidance Clinic

June 1991 - November 1991

- Structural family therapy with families of children hospitalised with psychiatric problems
- Psychodiagnostic evaluations of children

## **Internships (in USA)**

### Widener University Counselling Center

1990 - 1991                      3 days a week

- Adult Children of Alcoholics support group
- Individual counselling for Widener students

### Center for Early Childhood Services

1988 - 1990                      2 days a week

- Individual play therapy with abused and/or neglected children aged 2 to 6 years
- Psychodiagnostic testing of children aged 2 to 10 years

### Metropolitan Consultation Associates

1988 - 1989                      1 day a week

- Individual psychodynamic psychotherapy in a private out-patient clinic with adults (Employee Assistance Plan)

- Couples and family therapy

#### Charter Fairmount Institute

1987 - 1988                      3 days a week

- Psychodiagnostic testing in a private in-patient setting with adolescents and adults, including dual diagnosis patients (drug and/or alcohol abuse combined with psychiatric problems)
- Group therapy

#### Delaware Valley Psychological Clinics

1986 - 1987                      2 days a week

- Individual psychodynamic psychotherapy in a private out-patient clinic with adults (HMO plan)
- Couples and family therapy

#### Irving Schwartz Institute

1985 - 1986                      2 days a week

- Individual play therapy with learning disabled children aged 7 to 10 years
- Psychodiagnostic testing

#### **Previous work experience (prior to qualification)**

##### Cassel Hospital, Richmond

1984 - 1985                      Nursing Assistant

- Psychosocial nursing program in an in-patient psychoanalytic training hospital for adults

##### Kensington and Chelsea Housing Department, London

1983 - 1984                      Mobile Warden

- Community support and emergency services for the elderly at risk

##### Adolescent Unit, Long Grove Hospital, Epsom

1982 - 1983                      Nursing Assistant

- Nursing care of an anorexic boy
- Group therapy
- Family therapy
- Individual play therapy

##### Sonia Shankman Orthogenic School, Chicago, USA

Summer of 1981                Teaching Assistant

- Providing classroom support in a residential setting with emotionally disturbed adolescents



## **Publications**

- Carstairs, Kari (2021). Celebrating 100 Years. *Rorschachiana*, 42, 113-117. Published Online: September 15, 2021 at: <https://doi.org/10.1027/1192-5604/a000150>
- Carstairs, Kari, & Rayner, Manny (2021). The Flynn Effect: Chess as a real life example. Posted on-line on 9<sup>th</sup> January 2021 at: <https://www.goodreads.com/book/show/56602750-the-flynn-effect>
- Carstairs, Kari, McCarthy Woods, Justine, Desautels, Marc & Lambe, Kevin (2021). The Rorschach Test at 100. Published on-line on 4<sup>th</sup> January 2021 by the British Psychological Society at: <https://thepsychologist.bps.org.uk/rorschach-test-100>
- Carstairs, Kari (2019). Review: *Clinical fictional narratives in relational psychoanalysis: Stories from adolescence to the consulting room* by Christina Moutsou. *Sitegeist*, 14, 75-77.
- Carstairs, Kari, Hartley, Sarah, Peden, Andrew, McCarthy Woods, Justine, van Graan, Andre, Andronikof, Anne & Fontan, Patrick (2018). A normative study in England with the Rorschach Comprehensive System. *Rorschachiana*, 39, 105-134. <https://doi.org/10.1027/1192-5604/a000103>
- Carstairs, Kari (2018). Fraud and fitness to stand trial. *Expert Witness Journal*, 1 (24), 33 - 35. British Library Reference ISSN 2397-2769.
- Carstairs, Kari S. (2016). Book review: Gacono, Carl B. (Ed.) (2016). The clinical and forensic assessment of psychopathy: A practitioner's guide: Second edition. *Journal of Personality Assessment*, 98, 555-557.
- Carstairs, Kari & Birch, Sarah (2015). Assessing a parent's capacity to change in psychotherapy: The use of the Rorschach and the MMPI-2. In Bryn Williams, Emma Peart & Roger Young (Eds.), *Understanding and assessing a parent's capacity to change within the timescales of the child* (pp. 107-121). London: Jordan Publishing.
- Carstairs, Kari, & Saunders, Felicity (2013). The relationship between chronic pain and depression. *Expert Witness Journal*, 1 (3), 60-63.
- Carstairs, Kari S. (2013). Can the MMPI-2 detect exaggeration in personal injury cases? A brief outline. *Journal of Observational Pain Medicine*, 1, 36-45.
- Carstairs, Kari S. & Tubb, Nicholas (2013). Grief stricken: Implications of a proposed new diagnosis of a pathological grief reaction for PI claims. *New Law Journal*, 164, 158-159.
- Fisher, Stephen, Carstairs, Kari, Willner, Paul & Coyne, Iain (2012). *Test Review: Kaufman*

*Brief Intelligence Test, Second Edition (KBIT-2)*. British Psychological Society.  
Available on-line at: [http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?page=cartOptions&Test\\_ID=267](http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?page=cartOptions&Test_ID=267)

- Carstairs, K., Beazley Richards, J., Fletcher, E. G., Droscher, H. K. & Ecob, R. (2012). Comparison of MMPI-2 trends in UK and USA parental competency examinees. *Journal of Child Custody*, 9, 195-200.
- Horne, Joanna, Carstairs, Kari, Baron, Helen & Coyne, Iain (2012). *Test Review: Wechsler Adult Intelligence Scale-Fourth UK edition*. British Psychological Society.  
Available on-line at: [http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?page=evalsummary&Test\\_ID=253](http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?page=evalsummary&Test_ID=253)
- Carstairs, K. (2012). Reviving the Rorschach in the United Kingdom. *SPA Exchange*, 24, 8.
- Carstairs, K. (2012). Review of "Oxford Handbook of Personality Assessment." *Journal of Personality Assessment*, 94, 329-330.
- Carstairs, K. (2011). Rorschach assessment of parenting capacity: A case study. *Rorschachiana*, 32, 91-116.
- Carstairs, K. & McCarthy-Woods, J. (2010). Teaching the Rorschach in Hong Kong: A personal account. *Asia Pacific Journal of Counselling and Psychotherapy*, 1, 176-184.
- Carstairs, K. (2006). When a baby dies. *PI Focus*, 16, 10-11.
- Carstairs, K. (2005). Re S (a child): A psychologist's view. *Family Law Journal*, 35, 40-43.
- Carstairs, K. (1997). The skull as symbol of death in one man's Rorschach. *Rorschachiana: Yearbook of the International Rorschach Society*, 22, 179-197.
- Lavender, T., Callanan, M., Carstairs, K., Patel, N. & Thompson, L. (1996). *Wechsler Adult Intelligence Scale-Revised as a Neuropsychological Instrument: UK Examiner's Manual Supplement*. London: Psychological Corporation.
- Carstairs, K., Okocha, C., Hemsley, D., Toone, B. & Sivakumar, K. (1995). An application of Shallice's response selection model to the symptoms of schizophrenia. *Neurology, Psychiatry and Brain Research*, 3, 211-218.
- Elliott, S., Hodgson, C., Carstairs, K., Beach, K., & Parry, S. (1994). Setting up an audit in primary care. *Clinical Psychology Forum*, 65, 7-10.
- Carstairs, K. (1992). Paranoid-schizoid or symbiotic? *International Journal of Psycho-*



*Analysis*, 73, 71-85.

Carstairs, K. (1989). Becoming a Clinical Psychologist in the United Kingdom.  
*Professional Psychology: Research and Practice*, 20, 44-47.

### **Teaching and consultation**

- Chairperson, XXIII Congress of the International Society for the Rorschach and Projective Methods – 2022: “100 Years of Fostering Human Understanding.” Symposium : Round Table for the Special Edition, 15<sup>th</sup> July 2022.
- Contributor, Video project for the ISR Centenary Congress in Geneva, 2022 on “Why I use the Rorschach.” One of the 11 master clinicians from around the world who contributed to the video.
- Presenter, “Using the Rorschach to Assess Trauma in an Immigration Case” for the ISR Centenary Congress Special Session: Forensics. Chairperson: Anne Andronikof. 13<sup>th</sup> July 2022.
- International Society for the Rorschach 2022 Webinar Series: Hermann Rorschach’s protocol 036, Panelist and discussant with Dr Michel Ternoy, in response to Dr Noriko Nakamura’s case presentation, two hour on-line webinar on 22<sup>nd</sup> January 2022.
- Guest Editor, for a special centenary edition of *Rorschachiana*, the journal of the International Society of the Rorschach and Projective Methods from 2018 to 2021.
- Guest lecturer, American Institute for Foreign Studies, summer program in Abnormal Psychology for students from Northeastern University, from 2019.
- Member, the Ethics Committee, the Site for Contemporary Psycho-analysis, from September 2017 to 2021.
- Presenter (with Mr Nicholas Tubb, LLB Hons, partner at Shoosmiths LLP/Access Legal), Implications of DSM-5 and ICD-11 “pathological grief” definitions for personal injury claims, The 16<sup>th</sup> Annual Grange Conference, North Yorkshire, 26<sup>th</sup> September 2017.
- Editor, Bulletin of the International Society of the Rorschach and Projective Methods, published by Hogrefe, from 2017.
- Chairperson, Symposium on Rorschach Comprehensive System reference samples, 22<sup>nd</sup> Rorschach Congress of the International Society of the Rorschach and projective methods, Paris, France, 18<sup>th</sup> July 2017.
- Consultant editor for test reviews (forensic). Working with the editorial team of the British Psychological Society’s Psychological Testing Centre from January 2015 to

September 2018.

- Lecturer. Working as an expert witness. Presentation to counselling psychology trainees, City University, London, 20<sup>th</sup> February 2014.
- Speaker. Psychological assessment of exaggeration in personal injury cases. Liverpool Law Society, 11<sup>th</sup> December 2013.
- Speaker. The role of the expert witness in identifying fraudulent chronic pain claims. Forum of Insurance Lawyers, President's Conference, 28<sup>th</sup> November 2013.
- Faculty speaker. The challenge of assessing change within a legal framework: Two case examples using the Rorschach. Presented at the Summer Seminars of the International Society of the Rorschach, Porto, Portugal, 21<sup>st</sup> July 2013.
- Speaker. Can the MMPI-2 detect exaggeration in personal injury cases? Presented at the Cambridge Annual Medico-Legal Conference, 13<sup>th</sup> September 2012.
- Poster presentation (with Dr. Sarah Birch). Assessment of personality in parenting capacity cases. Presented at the annual conference for the Society for Personality Assessment, Chicago, 16<sup>th</sup> March 2012.
- Presenter. The WAIS-IV (UK). Presentation to South Thames Learning Disability Faculty of the British Psychological Society. South London & Maudsley NHS Trust, 9<sup>th</sup> November 2010.
- Trainer (with Dr. Justine McCarthy Woods). Level One Training in the Rorschach Comprehensive System, hosted by the Asian Professional Counselling Association at Shue Yan University, Hong Kong. 26<sup>th</sup> to 30<sup>th</sup> May 2010.
- Trainer (with Dr. Justine McCarthy Woods). Projective Techniques workshop series for Applied Psychologists: Level One Training in the Rorschach Comprehensive System, Tavistock Centre, London. 24<sup>th</sup> & 25<sup>th</sup> September & 29<sup>th</sup> & 30<sup>th</sup> October 2009 and 21<sup>st</sup> & 22<sup>nd</sup> October & 18<sup>th</sup> & 19<sup>th</sup> November 2010.
- Presenter. Managing information storage in the private sector. Presentation to the psychological therapies staff at Oxleas NHS Foundation Trust, 18<sup>th</sup> March 2009.
- Member. British Psychological Society Committee on Test Standards from 2009 to 2012.
- Guest speaker. Annual conference for Association of Lawyers for Children. Presentation entitled "The strengths and weaknesses of psychological tests in family cases." 16<sup>th</sup> November 2007.



- Guest lecturer. South London & Maudsley NHS Trust. Teaching assessment of intellectual functioning & report writing to practising clinical psychologists. From 2005 to present.
- Guest lecturer. University of East London. Teaching psychodiagnostic assessment and psychodynamic psychotherapy to counselling psychology trainees. From 2001 to 2002.
- Accredited provider of continuing professional development courses. The Law Society. Seminars on psychological assessment for solicitors. From 2000 to 2002.
- Honorary Lecturer. University of Surrey. Teaching assessment of intellectual functioning to clinical psychology trainees. From 1999 to 2005.
- Research co-ordinator for WAIS-III standardisation project. Psychological Corporation. In charge of data collection for the S.E. Thames region. From 1997 to 1999.
- Honorary Lecturer. University of Greenwich. Teaching psychodiagnostic assessment for third year undergraduate students in psychology. From 1996 to 2002.
- Visiting lecturer. South Thames (Salomons) Clinical Psychology training programme, Canterbury Christ Church University College. Seminars for clinical psychology doctoral students in psychometric assessment and the WAIS-R/WAIS-III. From 1996 to 2004.
- Malingering on the MMPI-2. Lecture for South Thames Continuing Professional Development Study Day on Malingering and Emotional Factors in Neuropsychological Test Performance, June 27th, 1997.
- Recruitment of American psychologists. Consultation to Portsmouth Healthcare N.H.S. Trust, January 18th, 1996.
- Clinical training in the use of the Rorschach. Intensive training for psychologists in clinical applications of the Rorschach to psychodiagnostic problems, November 1995 to April 1996.
- But it's only an inkblot! Two day introductory workshop on the Rorschach in the Continuing Professional Development program, South Thames Regional Training in Clinical Psychology, May 19th and 26th, 1995.

**Continuing professional education** (past 2 years only)

- Structured Interview of Reported Symptoms – 2<sup>nd</sup> Edition (SIRS-2): Use and Admissibility in Forensic Mental Health Assessment. 16<sup>th</sup> August 2022, online webinar with Dr Dustin Wygant, Society for Personality Assessment
- XXIII Congress of the International Society for the Rorschach and Projective Methods –



2022: “100 Years of Fostering Human Understanding” 12<sup>th</sup> July to 15<sup>th</sup> July 2022, Faculty of Medicine, University of Geneva, Switzerland

- Introduction to the CS-R & CHESSSS 2 ISR full day workshop with Patrick Fontan & Anne Andronikof, International Rorschach Institute, 11<sup>th</sup> July 2022, Geneva
- Surviving or Thriving: Financial planning for your Expert Witness Business with the Expert Witness Institute, on-line webinar on 5<sup>th</sup> March 2022
- The future of psychoanalytic supervision with Nancy McWilliams, on-line lecture hosted by the Philadelphia School of Psychoanalysis, 25<sup>th</sup> February 2022
- Cultural consultation with Dr Ingi Soliman, psychologist, Connecticut Society for Psychoanalytic Psychology, 18<sup>th</sup> February 2022
- International Society for the Rorschach 2022 Webinar Series: Madeline with Dr Gregory Meyer, Dr Antony Bram and Dr Ety Berant, two hour on-line webinar on 20<sup>th</sup> October 2021
- Conflicts of Interest with the Expert Witness Institute, on-line webinar on 29<sup>th</sup> September 2021
- International Society for the Rorschach 2022 Webinar Series: The Wolf Man with Dr Justine McCarthy Woods, Dr Howard Lerner and Dr Hilda Alonso, two hour on-line webinar on 22<sup>nd</sup> September 2021
- The Boston Change Process Study Group on Moving Through and Being Moved by with Confer, on-line webinar on 11<sup>th</sup> September 2021
- Issues of diagnosis in personal injury cases with the Expert Witness Institute, on-line webinar on 6<sup>th</sup> May 2021
- Your liability as an expert witness with the Expert Witness Institute, on-line webinar on 13<sup>th</sup> April 2021
- Clinical negligence update for expert witnesses – Summer 2020 with Bond Solon, on-line webinar on 12<sup>th</sup> April 2021
- Chronic Pain and Disrupted Early Attachments: A Holistic Overview for Psychotherapists With Dr Frances Sommer Anderson, Georgie Oldfield MCSP and Dr Nick Straiton, hosted on-line by Confer, 27<sup>th</sup> February 2021
- Personality dynamics in psychoanalytic therapy: A roadmap for change with Dr Jonathan Shedler, hosted on-line by the Connecticut Society for Psychoanalytic Psychology, 30<sup>th</sup> January 2021
- Life, Death and Psychoanalysis in the Shadow of the Pandemic with Josh Cohen, hosted on-line by the Site for Contemporary Psychoanalysis, 21<sup>st</sup> January 2021
- Research in Psychoanalysis: Not an Oxymoron, and Why It Matters with Dr John Auerbach, hosted on-line by the Connecticut Society for Psychoanalytic Psychology, 14<sup>th</sup> November 2020
- Neurophysiological Pathways to Safety, Intimacy and Recovery: Practical Implications of Polyvagal Theory with Dr Stephen Porges and Dr Sue Carter, hosted on-line by nscience UK, 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> November 2020
- Expert evidence in a virtual era. Live panel discussion hosted by the Academy of Experts and HKA, 13<sup>th</sup> May 2020
- When grief goes viral: Psychological assessment and intervention in the coronavirus pandemic. Continuing education webinar with Prof Robert Neimeyer, 15<sup>th</sup> April 2020